




CACFP (Child Care) Menus

WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Raisins Oatmeal (WG) Fluid Milk ¹	Apple Slices WW Toast (WG) Fluid Milk ¹	Sliced Banana Ready-to-Eat Cereal (WG) Fluid Milk ¹	Mixed Fruit (fresh, frozen or canned) Cranberry Orange Muffin (RIMT®) Fluid Milk ¹	Blueberries (Frozen or fresh)  Vanilla Yogurt Fluid Milk ¹
Lunch/Supper Chicken Nuggets w/Whole Grain Breading (WG) Broccoli Bites USDA Recipe I-080  Apricots Fluid Milk ¹	Beef Tacos USDA D-24  Taco Shells Lettuce & Tomato Pinto Beans Fluid Milk ¹	Crunchy Chinese Tuna Salad (MSR) Chow Mein Noodles/Saltine Crackers Gingered Carrots (MSR) Pineapple Chunks Fluid Milk ¹	Baked Ham Corn & green chili casserole (MSR) Pear Half WW Roll (WG) Fluid Milk ¹	Black Bean & Cheese Quesadilla Romaine & Kale Salad Watermelon (or seasonal fruit) Fluid Milk ¹
Snacks Cottage Cheese Peaches Water ²	Red & Green Bell Pepper Strips (Ranch Dip) Pita Bread Water ²	Animal Crackers Orange Wedges  Water ²	Sweet & Salty Cereal Mix (WG) (RIMT®) Fluid Milk ¹	Deviled Eggs USDA D-02 Crackers (WG)  Water ²

¹Whole unflavored milk for children 1 to 2 years of age and nonfat or low-fat 1% unflavored fluid milk for children 2 years of age through 5 years;

²Water available at all meals

- Whole Grain – Rich (WG)
- Multicultural Standardized Recipes (MSR)
- USDA – Standardized Recipes
- Rainbow In My Tummy® Standardized Recipes (RIMT®) Contact your local Education Service Center (ESC) for RIMT® recipes listed on the menus.

